

LUNCH MENU



Soup

Tomato Crab Dill House Specialty Soup
Soup du Jour
 Cup 5.5 Bowl 7

Element Classics

***Element Classic Burger** 15
 Cooked to Temperature & Served on a Brioche Bun with our House Fries, Lettuce, Tomato, Onion & Dijonnaise. Choice of White American, Blue Cheese or Horseradish Cheddar Cheese

Element Fish & Chips 18
 House Beer Battered Fried Cod & Hand Cut Fries

Element Wings* 12
 Choose between our House Made Buffalo or House Special Sauce **Due to supply chain issues please ask your server about availability**

Element Nachos* 14
 Black Beans with House made Queso, Pico de Gallo and Guacamole topped with our Pork Carnitas

Quesadilla 12
 Black Beans, Spinach, Cheddar Cheese, Onions & Peppers in a Grilled Tortilla. **Add Chicken** 4

Greens

Curry Chicken Salad* 13
 House-made Curry Chutney Chicken Salad on Fresh Greens topped with Cucumbers, Tomatoes & Carrots

Sherman's Caesar Salad* 11
 Romaine Lettuce tossed with our House-made Dressing, Polenta Croutons & Olive Tapenade.

Buffalo Chicken Salad* 13
 Homemade Buffalo Chicken Tenders on Mixed Greens with Blue Cheese or Ranch Dressing

Element House Salad 11
 Romaine, Iceberg, & Spinach topped with Chick Peas, Beets & Pickled Red Onions, Cucumber and Tomatoes and Parmesan Black Pepper Dressing.

Seared Salmon* 15
 Served over Fresh Greens topped with Cucumber, Tomatoes & Carrots **or** a House-Made Caesar Salad.

Grilled Chicken* 13
 Served over Fresh Greens topped with Cucumber, Tomatoes & Carrots **or** a House-Made Caesar Salad.

Sandwiches

J's Favorite* 11
 House-made Curry Chutney Chicken Salad topped with Ham, Lettuce and Tomato on our French Roll.

Book Lover's Vegetarian Wrap 10
 Fresh Avocado and Cucumber with Provolone, Lettuce and Tomato topped with Tomato Onion Spread in a Wrap.

Old Rag Mountain* 11
 Ham with Smoked Gouda, topped with Lettuce, Tomato and Spicy Honey Mustard on our Romano Roll-served hot.

Gazebo* 11
 Ham with melted Brie, Lettuce, Tomato and Spicy Honey Mustard on our French Roll-served hot.

Avocado BLT* 11
 Bacon, Lettuce, Tomato and Avocado topped with Burgundy Poppy Seed Mayonnaise on our French Roll.

Robert's Reuben* 12
 House smoked Pastrami and melted Swiss topped with Sauerkraut & Thousand Island dressing on our Romano Roll-served hot.

Chester Street Club* 11
 House roasted Turkey Breast topped with Provolone Cheese, Lettuce, Tomato and Bacon topped with Burgundy Poppy Seed Mayonnaise on our French Roll.

The New Guy* 13
 Ham, Bacon & Pastrami with Bell Peppers, Red Onion, melted Provolone cheese, Lettuce, Tomato and Burgundy Poppyseed Mayonnaise on our Romano Roll-served hot.
 ~Half New Guy w/ Cup of Soup 14, Bowl 15

Together
Choose a Half Sandwich with:
 Cup of Soup 11 Bowl of Soup 12
 Side Garden Salad 10

Extra Meat \$2.50
 Extra Sauce \$1.00
 Substitutions & Additions \$.50

~We Roast all of our Meats In-house and create all of our Dressings & Rolls from Scratch!~

Lunch is Served Tuesday – Saturday from 11:30am to 2:30pm

20% Gratuity will be added on parties of 6 or more

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

317 E. Main Street, First Floor

Front Royal, VA 22630

540-636-1695

www.elementonmain.com